

Psych 100
General Psychology
The Ohio State University, Newark Campus
Psychology Department
Winter 2007

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The purpose of this course is to provide you with a basic understanding of the vast field of psychology. Elements of psychology to be explored include Neuroscience, Theory, Learning, Sensation and Perception, Memory, Motivation, Personality, Psychological Disorders, Therapy, Social Psychology and Developmental Psychology. Both typical and atypical behavior will be considered and you will be given the opportunity to relate theory to practice. Emphasis will be on multicultural awareness, sensitivity, creativity and critical thinking.

Text: Meyers, D.G.. (2005). *Exploring psychology*. 6th Ed. Holland, MI: Worth Publishers. ISBN: 0-7167-1544-9

Course Design

Week of:

Chapter/Lesson

- 1st 9/21 Distribution of Syllabi and Introduction to the course; Chapter 1:
Introduction to Psychology (Research Methods, Schools of Thought)
- 2nd 9/26 Chapters 2: Biology and Behavior Chapter 3: Nature and Nurture
- 3rd 10/3 Chapter 4: Human Development, (Selection of psychologist paper due)
- 4th 10/10 Chapter 5: Sensation and Perception, Chapter 6: States of Consciousness—
bring paper (2 pages rough draft due)
- 5th 10/17 (Exam 1: Chapters 1-6), Chapter 7: Learning, Chapter 8: Memory
- 6th 10/24 Chapter 9 Language and Intelligences, Creativity (Feedback forms)
- 7th 10/31 Chapter 10: Motivation, Chapter 11: Mind-Body Relationship/Health
Psychology

8th 11/7 Chapter 12: Personality, Chapter 13: Psychological Disorders

9th 11/14 Chapter 14: Therapy (Journals and Final Paper Due)

10th 11/21 Chapter 15: Social Psychology; Presentations and Psychologist Paper Due, Research and simulations due; Review and Exam 2: (Chapters 7-15).

11th Test #2 (Thursday, December 7th 2- 4 p.m.)

Learning will be facilitated through a combination of lecture, discussions, cooperative learning groups, videos, exams and debates.

It is The Ohio State University's policy to provide reasonable accommodations to students with disabilities under the ADA. At the beginning of each semester, any student with a disability should inform the course instructor if instructional accommodations or academic adjustments will be needed. For more information about the ADA and academic accommodations or adjustments, contact the Office for Disability Services.

Attendance:

Attendance is mandatory. Absences will negatively affect your overall grade. Students who miss more than 2 weeks of class may be dropped. *As part of the course you will be required to participate in a number of in-class activities, which illustrate concepts, ideas, and theories in psychology. There will be approximately 30 of these activities during the quarter. Participation in each activity counts 1 point. At the end of the quarter your activity/participation points will be totaled and divided by the total number of activities to arrive at your Activity/participation Grade. For example, if there are 30 activities and you participate in all 30 your grade would be 100 %; if you participate in 20 your grade would be 67 %, etc. Because these activities illustrate a specific idea or concept for that day's lecture and discussion they cannot be made up if you are not there in class that day. That is, you are either there to participate in the activity or you are not, regardless of the reason for you not attending class that day, e.g., medical appointment, court date, car trouble, etc.*

Please be sure each class to turn your cell phones/electronic devices to silent mode each class.

RESEARCH PARTICIPATION REQUIREMENT:

Through research psychologists make important contributions to a greater understanding of human behavior. The research requirement provides you with an opportunity to participate in actual experiments in order to get a better idea of what psychologists do. Most students enjoy participation. There are two types of research experiences, surveys and formal experiments. Rationale for the research participation requirement, in-depth descriptions of surveys, formal experiments, etc can be found on the Psychology 100 link at the Psychology Department Webpage.

Please remember to be on time for the experiment. If you cannot make it to the experiment for your scheduled time, please call the lab (ext. 9310) to notify the experimenter.

Your simulation points and experiment points will be totaled to get your *Simulation/Research participation grade*. For example, if you complete 5 simulations and participate in 5 experiments/surveys your score would be 100.

However, according to University regulations you must be 18 years of age or older to participate in research experiments. Therefore, if you are under 18 you will have to satisfy the research requirement by writing papers (see What if I don't want to participate in any research studies section of the Research Experience For Psychology 100 document at the psychology link at the psychology Department webpage). Also, if you chose not to participate in experiments you will need to satisfy the research requirement by writing papers. All papers are due by the beginning of class. Papers received after the deadline will be penalized.

Grading Criteria

You will be graded on 7 key components of the course:

1. Cumulative Paper: What are your opinions of Psychology? What aspects of psychology do you find most interesting to you? How might you apply psychology in your life and career? Papers must be doubled spaced in 12 font Times New Roman or Courier Style Font. Papers should be no more than 4 pages in length. In addition, you should include what your previous beliefs were before the class and what you learned from the classroom experience. You need to include your own personal meaning making process. (100 points for Rough Draft; 100 points for Final Paper)
2. 2 Exams: These exams will include only the areas discussed up to that time period. The exam will contain multiple choice, true-false, short answer and essay questions. (100 points per exam)
3. Journal of the class: This will help you with your final project being the paper. You should keep a weekly journal on topics discussed in class and what your personal reflections are over the subject matter. (Roughly one paragraph per week is sufficient). (100 points)
4. Attendance and Participation: You will be given points for each class attended, thus if you miss class you will lose points. Participation is required in group activities and discussions. **NO MAKE UP ASSIGNMENTS CAN REPLACE ATTENDANCE AND PARTICIPATION.** You will gain points based on your *quality* and *quantity* of participation. (100 points)

5. Simulation/Research participation grade: Participation in 5 simulations and participate in 5 experiments/surveys. Total score will be worth (100 points).

Each assignment will be worth 100 points, unless otherwise specified. The maximum number of points you can receive is 700. There will be no extra credit. If I find that the assignment is totally unacceptable, you will be given the opportunity to rework the assignment one time and then receive a grade.

If you have any special needs or problems please make them known before the fact rather than after the fact.

The instructor has the privilege to may any changes and or revisions at his or her discretion.

Honors Embedded Course Option:

Description of enhanced learning:

The following requirements promote enhanced learning:

Psychologist Paper: Select a psychologist and select one of their books (as an author) to read, two journal articles on their theory or psychological topic (in a peer reviewed journal NOT prior to 1999) and complete a research report. The length of the paper should be no less than 4 pages. (150 points).

Presentation on the psychologist (5 minutes in length). Summarize your findings and address your research questions clearly and concisely. Be sure to have fun and reflect your own meaning making process—how this psychologists theory has impacted you and or how you can utilize this theory in your personal or professional development. (50 points).

PSYCHOLOGIST REPORT:

Psychologists:

1. Carl Jung
2. Karen Horney
3. Lawrence Kohlberg
4. Carol Gilligan
5. Carl Rogers
6. Aaron Beck
7. Albert Ellis
8. Erik Erickson
9. Jean Piaget
10. Leo Vygotsky
11. Martin Seligman
12. Howard Gardner

Questions to address:

1. Historical background of the psychologist.
2. Identify theory and definition
3. Practice
4. Research
5. Your own rationale or interest in your psychologist selection
6. what you learned
7. how could you use this theory (in your career or lifestyle)
8. what type of research could you conduct
9. identify a research question
10. identify a dependent and independent variable (i.e. what would you like to measure and in whom)

Description of enhanced instructor/student contact:

Students will meet biweekly with the instructor as a group during the regularly scheduled office hours to discuss the research and writing process.

Additional Grading Criteria:

The honors component will be graded based on **900** total points.

